



Studio PRICE LIST

TRANSFORM FITNESS PLAN*

INTRODUCTORY PLAN - 4 SESSIONS PER MONTH	\$299/MONTH
CORE LEVEL - 4 SESSIONS PER MONTH	\$329/MONTH
GAIN LEVEL - 8 SESSIONS PER MONTH	\$499/MONTH
PEAK LEVEL - 12 SESSIONS PER MONTH	\$749/MONTH

* 3 month plan that includes any type of personal service (fitness, exercise therapy, myofascial release and neurokinetic therapy), unlimited small group classes, 15-minute nutrition sessions, unlimited access to our Videos-On-Demand library, and unlimited use of our Body Composition scale.

PERSONAL SERVICES*

INTRODUCTORY PERSONAL SESSION	\$65
SINGLE PERSONAL SESSION	\$109
4 PERSONAL SESSIONS PACK (VALID 3 MONTHS)	\$379
8 PERSONAL SESSIONS PACK (VALID 6 MONTHS)	\$699

* Personal Services include Fitness Training, Exercise Therapy, Myofascial Release and Neurokinetic Therapy

SMALL GROUP TRAINING*

VIP UNLIMITED CLASS MEMBERSHIP	\$159/MONTH
ELITE (8 CLASSES) MEMBERSHIP	\$129/MONTH
STANDARD (4 CLASSES) MEMBERSHIP	\$99/MONTH
10 GROUP CLASSES PACK (VALID 6 MONTHS)	\$279
5 GROUP CLASSES PACK (VALID 3 MONTHS)	\$149
INTRODUCTORY 4 CLASSES PACK (VALID 1 MONTH)	\$79
SINGLE GROUP CLASS	\$35

* for 1-4 clients only; memberships are monthly with a minimum of 2 months commitment. Membership cancellation requires 30-days notice by email; class packs activate from date of purchase and cannot be extended

